South Dakota at a glance

- 86 percent of school districts in South Dakota, compared with 86 percent nationwide, are successfully serving healthy meals that meet strong nutrition standards. However, this often requires schools to work around equipment and infrastructure challenges in ways that are expensive, inefficient, and unsustainable.

- 92 percent of school districts in South Dakota, compared with 88 percent nationwide, need at least one piece of equipment to better serve nutritious foods.

- 37 percent of school districts in South Dakota have at least some budget for kitchen equipment upgrades. Model approaches for financing these improvements are outlined in Serving Healthy School Meals: Financing strategies for school food service.

- 57 percent of the districts in South Dakota, compared with 55 percent nationwide, need kitchen infrastructure changes in at least one school.

School foods play an important role in children’s diets. On average, more than 30 million children participate in the National School Lunch Program daily, with more than 70 percent qualifying for free or reduced-price meals based on family household income. At the same time, one-third of the children in the United States are overweight or obese, putting them at increased risk for heart disease, Type 2 diabetes, and other chronic diseases. Because many children consume up to half of their daily calories at school, the foods served there have a significant impact on the health and well-being of students across the country.

Given the concerns about children’s health, the U.S. Department of Agriculture, or USDA, has issued updated school meal nutrition standards that call for increasing servings of fruit, vegetables, low-fat dairy products, and whole grains while limiting fat, sugar, salt, and excess calories. Schools across the country are stepping up to the plate.
Nationwide, 86 percent of school districts are successfully serving healthy meals, and in South Dakota, 86 percent of schools are serving such meals, according to USDA. Meeting the updated standards qualifies school districts for increased reimbursement from USDA. Many, however, lack the right tools for preparing these meals and are therefore relying on workarounds that are expensive, inefficient, and unsustainable.

To assess these needs in each state and the District of Columbia, the Kids’ Safe and Healthful Foods Project—a collaboration of The Pew Charitable Trusts and the Robert Wood Johnson Foundation—commissioned a survey of the school food authorities, or SFAs, that administer the National School Lunch Program and the School Breakfast Program. Results of the survey provided insights into how schools are complying with the updated USDA meal standards and the challenges they must overcome to reach full implementation. According to the survey, most school districts in the United States (88 percent) need at least one piece of kitchen equipment, and more than half (55 percent) need some infrastructure update to serve healthier school meals.

To better understand this need and potential solutions, the project convened a meeting of stakeholders from schools, industry, government, and the private sector to brainstorm about ways that schools can finance equipment and infrastructure upgrades. The model approaches developed, which include partnerships, sponsorship funding, and low-interest loans, are detailed in Serving Healthy School Meals: Financing strategies for school food service, the summary of proceedings from the workshop.

Table 1

<table>
<thead>
<tr>
<th>South Dakota School District Characteristics</th>
<th>South Dakota</th>
<th>United States</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student enrollment* (median per SFA)</td>
<td>281</td>
<td>1,017</td>
</tr>
<tr>
<td>Number of public schools* (median per SFA)</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>Location of most schools</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Urban/suburban</td>
<td>14%</td>
<td>38%</td>
</tr>
<tr>
<td>Rural</td>
<td>86%</td>
<td>62%</td>
</tr>
<tr>
<td>Students approved for free/reduced-price lunch* (median per SFA)</td>
<td>47%</td>
<td>49%</td>
</tr>
<tr>
<td>Food service management company used</td>
<td>6%</td>
<td>17%</td>
</tr>
<tr>
<td>Central production facilities</td>
<td>7%</td>
<td>9%</td>
</tr>
</tbody>
</table>

* Data from 2010-2011 SFA Verification Summary Report, Form FNS 742.

Source: Kitchen Infrastructure and Training for Schools Survey, 2012
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* The information presented is part of the Serving Healthy School Meals series of reports. The first report summarized districts’ readiness to meet updated nutrition standards. The second report addressed national school food service equipment and infrastructure needs. For more detailed state findings and to read earlier reports, visit healthyschoolfoodsnow.org.
Overview of South Dakota kitchen equipment needs and costs

Ninety-two percent of the state's school districts needed at least one piece of equipment.

- The median cost of this equipment is $27,000 per school, compared with approximately $37,000 per school nationally.
- Overall, $47 million worth of food service equipment is needed in South Dakota to better serve healthy foods.

Thirty-seven percent of school districts in South Dakota reported having budgets for kitchen equipment purchases.

- Of the districts with budgets, 54 percent expected the resources to be adequate.
- 41 percent of SFAs in South Dakota were unsure whether they had a budget to purchase equipment.

Figure 1
The Cost of Food Service Equipment Needed by South Dakota Schools

Source: Kitchen Infrastructure and Training for Schools Survey, 2012
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School kitchen infrastructure upgrades

In addition to equipment upgrades, food service infrastructure capacity must be considered in the effort to effectively implement the nutritional standards. For example, new equipment such as walk-in refrigerators and freezers may require more physical space or improvements to electrical systems. SFAs in 57 percent of the districts in South Dakota need kitchen infrastructure changes in at least one school to better serve healthy foods, with “more physical space” being the most commonly reported issue. Without adequate space, school districts are making do with less-efficient processes, such as scheduling daily deliveries of fresh produce, a more costly option.

Top school kitchen equipment needs in South Dakota

When asked about their needs in relation to meeting nutrition standards, the majority of respondents said that serving whole-grain-rich foods presented the greatest equipment challenges.

When asked what specific equipment they need to meet all of the nutrition standards, districts responded:

1. **51 percent**: Serving-portion utensils. Serving utensils determine appropriate portion sizes. Without them, servings could be measured inaccurately. Cost to meet statewide need: $71,000.

2. **50 percent**: Software programs. This technology allows for efficient management of menus, budgets, and purchase orders. Cost to meet statewide need: $124,000.

3. **50 percent**: Sets of knives with cutting boards. Without enough of the right knives, preparation takes more time and poses safety risks for food service staff. Cost to meet statewide need: $117,000.

4. **44 percent**: Slicers. These improve efficiency of food preparation in school kitchens because personnel are able to quickly and consistently slice meats and other foods. Cost to meet statewide need: $737,000.

5. **40 percent**: Steam table pans. These pans keep foods contained and at safe, warm temperatures on hot serving line counters. Cost to meet statewide need: $54,000.
Figure 2
Food Service Infrastructure Upgrades Needed in South Dakota School Districts
‘More physical space’ was the most commonly reported infrastructure issue

About the survey of SFAs
The findings presented in this issue brief are based on a survey, conducted by Mathematica Policy Research, of school food service directors or their designees (those deemed to be most knowledgeable about the district’s equipment, infrastructure, and training needs) from a nationally representative sample of public SFAs. In most cases (67 percent), respondents were food service or nutrition directors. Other respondents included food service, kitchen, or cafeteria managers (17 percent) and those who held other positions within the SFA (14 percent). The questionnaire was developed with assistance from a consultant who works with SFAs to implement the updated meal requirements. In addition, a panel of child nutrition and food service experts from across the country helped identify and frame the issues to be measured. The questionnaire covered topics focusing on the needs of SFAs relative to implementing the updated requirements for school lunches.
Recommendations

Additional funds are needed to assist South Dakota’s school districts in upgrading their kitchen equipment and infrastructure to serve healthy meals that students will enjoy. In light of these findings, the project recommends:

**Recommendation 1:** School officials and local policymakers should work collaboratively with parents, teachers, students, and funders to identify and implement innovative strategies for meeting equipment, infrastructure, and training needs.

**Recommendation 2:** Federal, state, and local governments should make funds available to school districts for upgrading their kitchen equipment and infrastructure to ensure that they are able to efficiently and reliably serve healthy and appealing meals.

**Recommendation 3:** Nonprofit and for-profit organizations interested in improving children’s health, education, school infrastructure, and community wellness should assist schools in acquiring the necessary equipment.

Schools in South Dakota and across the country are doing what they can to serve healthy meals that meet the updated meal standards, but they need help. Investments in equipment and infrastructure upgrades would go a long way toward helping schools efficiently store, prepare, and serve healthy and appealing foods to students.

Endnotes


