Massachusetts

Dental sealants are clear plastic coatings that take only a few minutes to apply to permanent molars, the most cavity-prone teeth. Research shows that school-based sealant programs reduce tooth decay by 60 percent at one-third the cost of a filling. Massachusetts’ grade in 2014, a C, is lower than the B earned in 2012, because the state’s sealant programs now serve fewer high-need schools.

2012 Grade: B

Massachusetts earned 6 out of a possible 11 points on sealant policies.

For a detailed description of the grading system, see the methodology section of the report at pewtrusts.org/dentalsealants.

* Pew and the Association of State and Territorial Dental Directors (ASTDD) surveyed states to learn whether regulations require dentists to examine children before hygienists can apply sealants at schools — restrictions that research shows are unnecessary. State policies were categorized as follows: A dentist’s exam is not required – no restrictions; a dentist’s exam is sometimes required (e.g., certain classifications of dental hygienists can apply sealants without a dentist’s prior exam) – some restrictions; a dentist’s exam is always required – severe restrictions; and a dentist’s exam is always required and the dentist must remain on-site while the hygienist applies the sealant – most severe restrictions.