Heavy Overdrafters

A financial profile
The Pew Charitable Trusts

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Overview

For a fee, typically $35, most U.S. banks (84 percent of the largest) allow consumers to overdraw their accounts when they lack sufficient funds to cover a transaction.¹ The Consumer Financial Protection Bureau (CFPB) has found that the median transaction amount of purchases that generated such a fee was just $50 and, for debit card usage, merely $24.² A small proportion (18 percent) of account holders pay the vast majority (91 percent) of all overdraft fees triggered by debit cards, checks, and automated clearinghouse (ACH) electronic transactions.³ These customers paid more than three overdraft fees a year.⁴

Overdraft fees cause some of the most financially vulnerable consumers to leave the banking system. Thirty-one percent of those without a bank account reported high or unpredictable account fees as one reason for not having an account; 13 percent said it was the primary reason.⁵ Overdraft fees are often unexpected and unpredictable: Most consumers do not learn of an overdraft for two or more days.⁶ More than two-thirds of overdrafters say they would prefer to have a transaction declined rather than incur the $35 fee.⁷

The Pew Charitable Trusts commissioned a survey of “heavy overdrafters,” those who incurred over $100 in overdraft and nonsufficient funds fees—or roughly three $35 fees—in 2014.⁸ For these consumers, overdraft service is not just an occasional courtesy but an extremely expensive form of credit that is also high risk because it lacks the consumer protections that accompany other credit products. This chartbook captures the findings of the survey, notably that most heavy overdrafters are millennials or Generation Xers; more than half are renters rather than homeowners; they generally have below-average incomes relative to the U.S. population; and overdraft fees consumed nearly a full week’s worth of their household incomes on average during the past year.

Pew urges the CFPB to write new rules to ensure that overdraft programs are safe and designed only for infrequent and accidental occurrences. The bureau could achieve this outcome in a number of ways, including by limiting the size of overdraft fees, the frequency with which they can be incurred, or the overall cost. Adoption of the following options, individually or in combination, would help to limit the negative effect of these fees:

- Make overdraft penalty fees reasonable and proportional either to the financial institution’s costs in providing the overdraft loan or to the overdraft amount.
- Allow financial institutions to charge customers a maximum of six small overdraft fees in any 12-month period, and limit such fees to one per negative-balance episode (i.e., an overdraft that incurs one or more fees). When customers incur the maximum number of fees, any additional credit extended to them should be required to be covered under the rules that govern other types of credit.
- Prohibit banks from maximizing overdraft fees when posting deposits and withdrawals, such as by reordering transactions by dollar amount from highest to lowest, causing the account to be overdrawn more quickly and incur more fees.
Half of heavy overdrafters incur six or more overdraft fees annually, and 42 percent paid seven or more. Banks previously offered overdraft service to customers only as a rare convenience, but this finding demonstrates that overdraft now serves as a form of short-term credit for many of these consumers. However, overdraft lacks the protections that cover other credit products—such as requirements that financial institutions verify customers’ ability to repay a debt before extending credit and provide a reasonable time to repay as well as limits on late fees—and is extremely costly for consumers. A limit of six overdrafts a year would save the 42 percent of heavy overdrafters who incurred seven or more fees in the past year a median of $210 annually.9

Note: Results are based on 304 survey participants who reported paying more than $100 in overdraft fees in the past year. Respondents were asked, “Within the past year, have you been charged an overdraft fee, an insufficient funds fee, or any other fees for having a negative balance in your checking account?” and “How many of these fees have you paid in the past year?”

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Figure 2
More Than 2 in 5 Heavy Overdrafters Paid $300 or More in Overdraft Fees in the Past Year
Percentage of respondents, by dollar value of fees paid

Heavy overdrafters pay a considerable amount in fees yearly. In an effort to reduce the cost of high-frequency overdrafting, the Federal Deposit Insurance Corp. in 2010 published guidance suggesting that the banks it supervises should “limit use by customers as a form of short-term, high-cost credit, including, for example, giving customers who overdraw their accounts on more than six occasions where a fee is charged in a rolling twelve-month period a reasonable opportunity to choose a less costly alternative and decide whether to continue with fee-based overdraft coverage.”

The CFPB should consider including such a limitation in its new rules to prevent overdraft from becoming very expensive short-term credit for vulnerable consumers.

Note: Results are based on 304 survey participants who reported paying more than $100 in overdraft fees in the past year. Respondents were asked, “Within the past year, have you been charged an overdraft fee, an insufficient funds fee, or any other fees for having a negative balance in your checking account?” and “Taking your best guess, how much have you paid in these types of fees during the past year, in total?”

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Nearly 7 in 10 Heavy Overdrafters Make Less Than $50,000 a Year

Heavy overdrafters compared with U.S. population by annual household income

Note: Results are based on 304 survey participants who reported paying more than $100 in overdraft fees in the past year. Respondents were asked, “Is your total annual household income from all sources, and before taxes ...?” Differences between heavy overdrafters and the U.S. population were significant at the 99 percent confidence level.

Source: U.S. population data from 2014 American Community Survey one-year estimates
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Nearly 1/4 of Heavy Overdrafters Pay the Equivalent of 1 or More Weeks of Wages in Overdraft Fees

Percentage of respondents, by weeks of household income consumed by fees

Overdrafts affect the budgets of low-income households much more than those with higher incomes. The average heavy overdrafter paid nearly a full week’s worth of annual household income in overdraft fees in the past year, and the majority of people who expended a week of pay made less than $25,000 annually.

Note: Results are based on 304 survey participants who reported paying more than $100 in overdraft fees in the past year. Respondents were asked, “Is your total household income from all sources, and before taxes ...?” and “Taking your best guess, how much have you paid in these types of [overdraft] fees during the past year, in total?” Weekly income is calculated by dividing yearly income by 52 workweeks a year. Weeks of work to pay overdrafts are calculated by dividing the amount of overdraft fees paid during the past year by weekly income.

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Figure 5
Debit Cards Are the Most Common Transaction Method for Heavy Overdrafters
Heavy overdrafters compared with the U.S. population by primary transaction method

<table>
<thead>
<tr>
<th>Primary transaction method</th>
<th>Percentage of consumers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Debit card</td>
<td>Heavy overdrafters: 63%</td>
</tr>
<tr>
<td>Cash</td>
<td>Heavy overdrafters: 28%</td>
</tr>
<tr>
<td>Other</td>
<td>Heavy overdrafters: 9%</td>
</tr>
</tbody>
</table>

Nearly two-thirds of heavy overdrafters said they mostly use their debit cards to make purchases. The CFPB has found that the value of debit card transactions that overdraw an account tends to be relatively low. The median debit card purchase amount that incurred an overdraft fee was $24, $11 less than the median fee of $35 charged by the largest banks.11
More Than Half of Heavy Overdrafters Rent Their Homes

Heavy overdrafters compared with the U.S. population by homeownership status

<table>
<thead>
<tr>
<th>Homeownership Status</th>
<th>Percentage of Consumers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Homeowners</td>
<td>47%</td>
</tr>
<tr>
<td>Renters</td>
<td>37%</td>
</tr>
<tr>
<td>U.S. population</td>
<td>63%</td>
</tr>
</tbody>
</table>

The share of U.S. households that rents has risen since the Great Recession, but heavy overdrafters rent their homes at even higher rates. The Joint Center for Housing Studies of Harvard University found that “between 2001 and 2014, real rents rose 7 percent while household incomes fell by 9 percent.” The center also reported that in 2014, among households earning $30,000 to $44,999, nearly half paid more than 30 percent of their income in rent—a level widely considered unaffordable—and 10 percent paid more than half.12

Note: Results are based on 304 survey participants who reported paying more than $100 in overdraft fees in the past year. Respondents were asked, “Is your home owned or rented?” Differences between heavy overdrafters and the U.S. population were significant at the 99 percent confidence level.

Source: U.S. population data from 2014 American Community Survey one-year estimates

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Figure 7
African-Americans Are Overrepresented Among Heavy Overdrafters

Heavy overdrafters compared with the U.S. population by race and ethnicity

Note: Results are based on 304 survey participants who reported paying more than $100 in overdraft fees in the past year. Respondents were asked, “What is your race?” Data may not total to 100 percent because of rounding. Differences between heavy overdrafters and the U.S. population were significant at the 99 percent confidence level.

Source: U.S. population data from 2014 American Community Survey one-year estimates

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Two-Thirds of Heavy Overdrafters Are Millennials and Generation Xers

Heavy overdrafters compared with the U.S. population by generation

Note: Results are based on 304 survey participants who reported paying more than $100 in overdraft fees in the past year. Respondents were asked, “What is your age?” Birth years for the generations were defined as after 1980 for adult millennials, 1965-1980 for Gen X, 1946-1964 for baby boomers, and 1928-1945 for the silent generation. Data may not total 100 percent because of rounding. Because only adults 18 and older are included, the millennial generation begins at 1996. Differences between heavy overdrafters and the U.S. population were significant at the 99 percent confidence level.


Previous Pew research has shown that nearly three-quarters of consumers who had a debit card point-of-sale or ATM overdraft in the previous year were millennials or Gen Xers younger than 49. This pattern persists among heavy overdrafters.
Being employed increases a consumer’s need for a bank account to receive direct deposit and save money but also puts the customer at risk of overdrafts. The FDIC found that employed Americans are more likely than those who are unemployed or out of the workforce to have bank accounts, and nearly 20 percent of those who recently became banked did so at least in part because of a new job. The most common reason survey respondents cited for opening a new bank account was to receive direct deposit.  

**Figure 9**

*70% of Heavy Overdrafters Are Employed*

Heavy overdrafters compared with the U.S. population by employment

![Bar chart showing employment status of heavy overdrafters and the U.S. population](chart)

- **Employed**
  - Heavy overdrafters: 70%
  - U.S. population: 58%
- **Unemployed**
  - Heavy overdrafters: 7%
  - U.S. population: 5%
- **Not in labor force**
  - Heavy overdrafters: 24%
  - U.S. population: 37%

**Note:** Respondents were asked, “What is your employment status?” Data may not total 100 percent because of rounding. The “not in labor force” category is made up of those who are disabled, retired, homemakers, or students. Differences between heavy overdrafters and the U.S. population were significant at the 99 percent confidence level.

Source: U.S. population data from 2014 American Community Survey one-year estimates

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Conclusion

Frequent overdrafts are a financial burden, especially because the fees are hidden and unpredictable. Most heavy overdrafters earn less than $50,000 a year, and their overdrafts consume a relatively large proportion of their income. Overdraft fees cause many of these consumers to leave the banking system, forcing them to use cash and alternative financial services, such as check cashers.

The CFPB should enact rules to limit the negative effects of these fees and ensure that overdraft is not being used as short-term credit. Limiting the size of overdraft fees, the frequency with which consumers can incur them, or the overall costs that consumers could bear would provide needed protections. For example, the bureau could require that overdraft fees be reasonable and proportional either to banks’ costs of covering overdrafts or to the overdraft amount; allow financial institutions to charge no more than six small overdraft fees in any 12-month period; limit such fees to one per negative-balance episode and, once that limit is reached, require that any further overdrafts be covered under the rules for credit; and mandate that banks post deposits and withdrawals in a fully disclosed, objective, and neutral manner that does not maximize overdraft fees.

Methodology

On behalf of The Pew Charitable Trusts, Social Science Research Solutions (SSRS) conducted a nationally representative random-digit-dialing telephone survey of 304 heavy overdrafters. Interviews were conducted Oct. 15, 2014, through Dec. 10, 2014. A total of 8,461 respondents were screened in order to reach 304 respondents who reported paying overdraft fees of more than $100 in the past year. The remaining 8,157 respondents were used to represent the U.S. population to test for statistical significance of demographic attributes. The margin of sampling error including the design effect is plus or minus 6.5 percentage points.
Endnotes


3 Ibid, 12; the Automated Clearing House is a network through which electronic transactions are sent between accounts.


7 Ibid, 10.

8 Ibid, 11; banks charge nonsufficient funds fees when they return unpaid or reject transactions that consumers attempt to make that would exceed the account balances.

9 For this calculation, we assumed a $35 overdraft fee, which is the median amount charged by the largest banks.


11 Consumer Financial Protection Bureau, “Data Point: Checking Account Overdraft.”


14 Burhouse et al., 2013 FDIC National Survey of Unbanked and Underbanked Households, 27.
For further information, please visit:
pewtrusts.org/overdraft

Cover photo: Getty Images

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Project website: pewtrusts.org/overdraft

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