Study #10447--page 1 School Nutrition Survey

1724 Connecticut Avenue, NW Washington, DC 20009 (202) 234-5570 Interviews: 1,010 voters and 387 public school parents
Dates: January 11-16, 2012

### **FINAL**

Study #10447 School Nutrition Survey January 2012

# Please note: all results are shown as percentages unless otherwise stated.

1a. Are you the parent or guardian of any children under the age of eighteen?

		Public	
	All	School	
	Voters	<u>Parents</u>	
Yes	38	100	[148]
No	62	-	
Not sure/refused	-	-	

# (ASK ONLY OF RESPONDENTS WHO SAY "YES" IN Q.1a.)

1b. Do any of your children attend a public school or a public charter school?

		Public	
	All	School	
	Voters	<u>Parents</u>	
Yes, children attend a public/charter school	80	100	[149]
No, children do not attend public/charter school	20	-	
Not sure/refused	-	-	

2a. Are you currently registered to vote at this address?

		Public		
	All	School		
	<u>Voters</u>	<u>Parents</u>		
Registered	100	100	CONTINUE	[150]
Not registered	-	-	TERMINATE	•
Not sure	-	-		

2b. For statistical purposes only and to ensure that we have a representative sample, would you please tell me how old you are? (IF "REFUSED," ASK:) Well, would you tell me which age group you belong to?

		Public	
	All	School	
	Voters	<u>Parents</u>	
18-24	10	2	[151-152]
25-29	8	7	
30-34	9	15	
35-39	8	17	
40-44	9	24	
45-49	9	19	
50-54	9	8	
55-59	10	4	
60-64	10	1	
65-69	7	1	
70-74	5	1	
75 and over	5	-	
Refused	1	1	

3a. To ensure that we have a representative sample, would you please tell me whether you are from a Hispanic or Spanish-speaking background?

	All	Public School	
	<u>Voters</u>	<u>Parents</u>	
Yes, Hispanic	10	11	[153]
No, not Hispanic	90	88	
Not sure/refused	-	1	

3b. And again, for statistical purposes only, what is your race—white, black, Asian, or something else?

	All <u>Voters</u>	Public School Parents	
White	74	72	[154]
Black	12	12	
Asian	1	1	
Other	4	3	
Hispanic (VOL)	8	10	
Not sure/refused	1	2	

4. To begin with, in your opinion, are things in the country generally going in the right direction, or are things pretty seriously off on the wrong track?

	All Voters	Public School Parents	
Right direction	25	21	[155]
Wrong track	65	71	
Not sure	10	8	

5a/b. Are you concerned about the state of children's health in the United States today? (IF "YES," ASK:) And would you say you are very or somewhat concerned?

		Public	
	All	School	
	Voters	<u>Parents</u>	
Yes	84	85	[156-157]
Very concerned	48	48	
Somewhat concerned	36	37	
No	14	14	
Not sure	2	1	

6a/b. More specifically, are you concerned about the issue of childhood obesity? (IF "YES," ASK:) And would you say you are very or somewhat concerned?

		Public	
	All	School	
	Voters	<u>Parents</u>	
Yes, concerned with childhood			
obesity	81	80	[158-159]
Very concerned	54	52	
Somewhat concerned	27	28	
No, not concerned with childhood			
obesity	17	19	
Not sure	2	1	

### On a different topic. . .

7a. How much would you say you know or have heard in recent months about the national school meals program--do you know or have you heard a lot, a fair amount, just some, very little, or nothing at all about the national school meals program?

		Public	
	All	School	
	Voters	<u>Parents</u>	
Know/have heard a lot	10	13	[160]
Know/have heard a fair amount	17	16	
Know/have heard just some	21	22	
Know/have heard very little	25	25	
Know/have heard nothing at all	26	23	
Not sure	1	1	

# (ASK ONLY OF RESPONDENTS WHO SAY THEY HAVE HEARD VERY LITTLE OR MORE IN Q7a.)

7b. Just briefly, can you tell me what you recall hearing in recent months about the school meals program, or health issues within school meals? Do you recall hearing anything else about school meals or health standards? (DO NOT READ RESPONSES.)

	All <u>Voters</u>	Public School <u>Parents</u>	
Any mention of potatoes/french fries/starch in school meals program	14	11	[161-162]
Any mention of vending machines in schools  Better quality meals, more vegetables, fruits, healthier	13	12	>
choices	12	14	
Any mention of pizza sauce counted as a vegetable	10	8	
Any mention of Congress' work on school meals program	10	9	
Any mention of number of children served by school meals	8	8	
More nutrition, less sugar, less carbs, less junk, less sodas Unhealthy food, unhealthy meals/not enough fruits,	6	7	
vegetables	5	6	
All other responses	21	20	
Not sure	24	21	

The national school meals program provides lunches and breakfasts to many school children across the country, and provides them for free or at a reduced cost to children from low-income families. In this program, the federal government reimburses school districts for the costs of meals that meet certain nutrition standards. To be clear, this school lunch is a full meal that can only be purchased as a full meal--it does not include extra items that can be purchased individually for additional money.

8. How important do you believe it is that the meals in this program meet a minimum standard for nutritional value--would you say it is very important, fairly important, just somewhat important, or not that important?

		Public	
	All	School	
	<u>Voters</u>	<u>Parents</u>	
Very important	81	82	[169]
Fairly important	10	9	
Just somewhat important	5	6	
Not that important	3	3	
Not sure	1	-	

In many public schools, there is also food available to students that is not a part of the school meals program. This includes food that is sold in school stores, food and drink vending machines, and in a la carte lines in the cafeteria that have individual items for sale, such as a slice of pizza, a container of yogurt, a side of french fries, or a piece of fruit.

9. How important do you believe it is for students to have access to food outside of the school meals program, such as from vending machines or the a la carte line--would you say it is very important, somewhat important, not very important, or not important at all?

		Public	
	All	School	
	<u>Voters</u>	<u>Parents</u>	
Very important	18	19	[170]
Fairly important	34	36	
Just somewhat important	23	24	
Not that important	23	20	
Not sure	2	1	

### And from what you know. . .

10. Do you think that food sold in **(READ ITEM)** is totally healthy and nutritious, mostly healthy and nutritious, only somewhat healthy and nutritious, or not really that healthy and nutritious?

THIS TABLE HAS BEEN RANKED BY THE PERCENTAGE OF ALL VOTERS WHO SAY TOTAL OR MOSTLY HEALTHY/NUTRITIOUS

	Total Healthy/ <u>Nutritious</u>	Mostly Healthy/ Nutritious	Only Somewhat Healthy/ <u>Nutritious</u>	Not Really Healthy/ <u>Nutritious</u>	Depends (VOL)	Not <u>Sure</u>	
Cafeteria a la carte lines							[172]
All voters	3	18	47	21	3	8	
Public school parents	2	21	45	21	3	8	
School stores							[171]
All voters	2	8	35	33	2	20	
Public school parents	2	9	31	34	1	23	
School vending machines							[173]
All voters	1	4	22	61	3	9	
Public school parents	2	5	22	60	3	8	

11. Food that is part of the school meals program that we spoke of earlier must meet certain nutritional requirements in order to be served in schools. Do you think that it is very important, fairly important, just somewhat important, or not that important that food served OUTSIDE of the school meals program, meaning food from the a la carte line, school stores, and school vending machines, meet minimum standards for nutritional value?

		Public	
	All	School	
	Voters	<u>Parents</u>	
Very important	61	61	[174]
Fairly important	14	13	
Just somewhat important	15	18	
Not that important	9	7	
Not sure	1	1	

12a/b. In fact, many schools are not required to meet nutrition standards for the foods and beverages served in their a la carte lines and vending machines. Suppose there was going to be a rule that all foods sold in schools in these ways would have to meet basic minimum nutritional standards, such as limiting calories, fat content, and sodium in the foods while encouraging more fruits, vegetables, and low-fat dairy items. These standards would be set nationally, but individual school districts would have the leeway to build on the standards if they wished to, as long as they met basic, minimum standards. Is this something you would favor or oppose? (IF FAVOR/OPPOSE, ASK:) And would you say you strongly (FAVOR/OPPOSE) or somewhat (FAVOR/OPPOSE)?

		Public	
	All	School	
	<u>Voters</u>	<u>Parents</u>	
Favor	80	80	[175-176]
Strongly	57	61	
Somewhat	23	19	
Oppose	17	16	
Somewhat	7	6	
Strongly	10	10	
Not sure	3	4	

13. Soon, nutrition experts at the U.S. Department of Agriculture are going to issue these kinds of standards for foods sold in schools. Do you think that Congress should get directly involved in writing these standards, or should Congress not get directly involved in writing these standards?

	All	Public School	
	Voters	Parents	
Congress should get involved	34	36	[177]
Congress should not get involved	59	57	
Not sure	7	7	

14. How much have you seen, heard, or read about Congress passing legislation that continues to allow tomato paste used in pizza to count as a vegetable in school lunches--would you say you have heard a lot, a fair amount, some, very little, or nothing about this?

		Public	
	All	School	
	Voters	<u>Parents</u>	
Heard a lot	7	7	[178]
Heard a fair amount	10	9	
Heard some	12	12	
Heard very little	19	17	
Heard nothing	51	55	
Not sure	1	-	

15a/b. Do you approve or disapprove of this legislation that continues to allow tomato paste used in pizza to count as a vegetable? (IF APPROVE/DISAPPROVE, ASK:) And would you say you strongly (APPROVE/DISAPPROVE)?

	Public	
All	School	
Voters	<u>Parents</u>	
22	22	[179-180]
8	9	
14	13	
66	70	
19	22	
47	48	
12	8	
	Voters 22 8 14 66 19 47	All School  Voters Parents  22 22  8 9  14 13  66 70  19 22  47 48

16. Which of the following two statements comes closer to your point of view on this issue?

	All <u>Voters</u>	Public School <u>Parents</u>	
I disagree with this action because it undermines the efforts			
of nutrition experts and worsens the quality of kids' school			
lunches	60	62	[208]
I agree with this action because tomato paste has nutritional value and the legislation was trying to improve kids' school			
lunches	26	27	
Neither (VOL)	7	6	
Not sure	7	5	

# <u>FACTUALS</u>: Now I am going to ask you a few questions for statistical purposes only.

F1. What is the last grade that you completed in school?

		Public	
	All	School	
	<u>Voters</u>	<u>Parents</u>	
Grade school	1	1	[271-272]
Some high school	4	3	
High school graduate	24	26	
Some college, no degree	19	18	
Vocational training, 2-year college	10	8	
4-year college/bachelor's degree	24	25	
Some postgraduate work, no degree	2	3	
2-3 years' postgraduate work/master's degree	12	11	
Doctoral/law degree	2	3	
Not sure/refused	2	2	

F2. Regardless of how you may be registered, how would you describe your overall point of view in terms of the political parties? Would you say that you are mostly Democratic, leaning Democratic, completely independent, leaning Republican, or mostly Republican?

		Public	
	All	School	
	<u>Voters</u>	<u>Parents</u>	
Mostly Democratic	27	26	[273]
Leaning Democratic	11	10	
Completely independent	25	25	
Leaning Republican	12	14	
Mostly Republican	20	19	
Not sure	5	6	

F3a/b. Thinking about your general approach to issues, do you consider yourself to be liberal, moderate, or conservative? (IF "LIBERAL" OR "CONSERVATIVE," ASK:) Do you consider yourself to be very (liberal/conservative) or somewhat (liberal/conservative)?

	Public	;
All	Schoo	l
<u>Voter</u>	rs Parent	<u>s</u>
beral 11	9	[274-275]
what liberal 13	11	
ate 33	36	
what conservative 20	21	
conservative 15	15	
sure 8	8	
beral       11         what liberal       13         rate       33         what conservative       20         conservative       15	9 11 36 21	_

# (ASK ONLY OF RESPONDENTS WHO ARE A PARENT OR GUARDIAN IN Q1e.)

F4. Which of the following best describes the grade your child or children are in school?

		Public	
	All	School	
	Voters	<u>Parents</u>	
Not in school yet	13	5	[276]
Preschool or kindergarten	18	16	>
Elementary school	43	50	
Middle school or junior high	26	35	
High school	31	38	
Other (VOL)	3	3	
Not sure/refused	3	3	

F5. Are you currently single and never married, unmarried and living with a partner, married, separated, widowed, or divorced?

		Public	
	All	School	
	Voters	<u>Parents</u>	
Single	20	9	[277]
Unmarried and living with a partner	3	2	
Married	59	78	
Separated	1	2	
Widowed	6	1	
Divorced	8	5	
Other (VOL)	1	-	
Not sure/refused	2	3	

F6. Would you describe the area you live in as an urban, suburban, small town, or rural area?

		Public	
	All	School	
	Voters	<u>Parents</u>	
Urban	21	19	[278]
Suburban	32	33	
Small town	26	28	
Rural	18	16	
Not sure	3	4	

F7. Finally, for statistical purposes only, would you please tell me which of the following best describes your total annual household income? Please stop me when I get to the correct range.

	All Voters	Public School Parents	
Less than \$20,000	12	<u>raienis</u> 8	[279]
	12	0	[2/9]
\$20,000 to \$30,000	10	8	
\$30,000 to \$40,000	11	12	
\$40,000 to \$50,000	9	10	
\$50,000 to \$75,000	13	14	
\$75,000 to \$100,000	12	13	
\$100,000 to \$200,000	16	18	
\$200,000 or more	3	4	
Not sure/refused	14	13	