Falling Short: Most States Lag on Dental Sealants

North Carolina

Dental sealants are clear plastic coatings that take only a few minutes to apply to the chewing surfaces of permanent molars, the most cavity-prone teeth. Research shows that school-based sealant programs reduce tooth decay by 60 percent at one-third the cost of a filling.

How well is North Carolina protecting kids from tooth decay?

Sealant Benchmarks	State	Goal
% of high-need schools with sealant programs	<25%	75%+
Unnecessary rules restricting hygienists from applying sealants in schools*	Severe restrictions	No restrictions
Participation in National Oral Health Surveillance System	No data submitted	Yes – and submitted recent data
Meeting Healthy People 2010 sealant goal	No	Yes
NORTH CAROLINA earned 2 out of a possible 11 points.	Grading:For a detailed de $A = 10-11$ of the grading sy $B = 8-9$ see the Methodo $C = 6-7$ section of the re $D = 3-5$ www.pewstates $F = 0-2$ sealants-methodo	ystem, blogy port at .org/dental- To see all states' grades, see the map at www.pewstates.





* Pew surveyed states to learn whether regulations require dentists to examine children before hygienists can apply sealants at schools – restrictions that research shows are unnecessary. State policies were categorized as follows: A dentist's exam is not required – no restrictions; a dentist's exam is sometimes required (e.g., certain classifications of dental hygienists can apply sealants without a dentist's prior exam) – some restrictions; a dentist's exam is always required – severe restrictions; and a dentist's exam is always required and the dentist must remain on-site while the hygienist applies the sealant – most severe restrictions.

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