

Getting from Good to Great in Home Visiting: Systems Coordination

THE PEW HOME VISITING CAMPAIGN

partners with policy makers and advocates in promoting smart state and federal investments in quality, home-based programs for new and expectant families

Our research agenda is made possible by the Doris Duke Charitable Foundation and the Children's Services Council of Palm Beach County.





Learn more at pewcenteronthestates.org/homevisiting



PEW HOME VISITING CAMPAIGN WEBINAR SERIES

A series of five webinars highlighting promising practices in administering state home visiting systems:

- 1. Using Evidence to Guide and Direct State Home Visiting Investments:
- 2. Implementation, implementation, implementation
- 3. Evaluating for Impact
- 4. **Systems Coordination**: Successful state efforts to centralize intake, standardize policies and procedures, identify core indicators and performance measures, and train home visiting professionals.
- 5. **Scaling up**: Examples of states' strategic thinking around creating a statewide system of home visiting and expanding services to reach all eligible families.



Panelists

Sunday Gustin

Home Visiting Program Manager New Jersey Department of Children and Families Division of Prevention and Community Partnerships

Velva Dawson

Deputy Director, Central NJ Maternal and Child Health Consortium

Catherine Bodkin

Chair, Virginia Home Visiting Consortium

Barbara Newlin

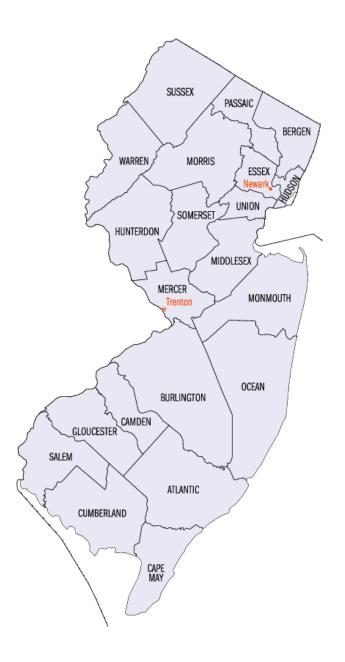
Early Childhood Development Manager, City of Richmond, Virginia



New Jersey

New Jersey Home Visitation Initiative

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Division of Prevention & Community Partnerships
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New Jersey – The Need for Home Visiting Services

In NJ, Total Annual Births = 113,652 (2005 MCH data)

• 37% are first-time bir	hs 42.	.000
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- 30% are births to single women 34,000
- 24% are births to women on Medicaid
 27,000
- 6% are births to teens age 10 to 19*
 7,000

NJ Total Annual CPS Referrals (all ages) = 50,000 (based on 2009 data) (approximate)

- > 34% of substantiations are age 5 or younger 16,623
- > 18% of substantiations are age 2 or younger 9,000

Evidence-Based Home Visitation (EBHV) in NJ

DCF supports 34 EBHV sites - Capacity of 3,000 families

- 23 Healthy Families (HF) 1,950 families over all 21 counties
- 9 Nurse-Family Partnership (NFP) 900 families in 12 counties
- 3 Parents As Teachers (PAT) 150 families in 3 counties

Ensure Collaboration & Coordination with ALL HV programs

• Federal Early Head Start (EHS) program – expansion in progress

Other Local Programs

- Family Connections (1 site) targeting a special needs population
- Parent-Child Home (1 site) targeting preschool families
- HIPPY--Home Instruction for Parents of Preschool Youth (1 site)
- Local Preschool PAT programs (several sites)

New Jersey DCF-Funded EBHV Models

Common Model Elements:

- Research-driven models
- Visits begin early prenatal/birth
- Voluntary participation of families
- Frequent, long-term home visits (begin weekly, then decrease over time)

Core design includes a focus on:

- Prenatal & Parent Health
- Infant Child Health & Development
- Parent Education / Parent-Child Interaction
- Parent / Family Social Support
- Early Literacy / School Readiness







New Jersey DCF-Funded EBHV Models

	NFP	HF	PAT
Target Population	Low income, 1 st time mother-to-be	Any at-risk pregnant woman/mother/family	Any at-risk pregnant woman/mother/family
Enrollment Criteria	Early in pregnancy; no later than 28 weeks of gestation	During pregnancy or at birth; TANF families may enroll later in infancy	During pregnancy, at birth, or anytime up to age 3
Duration	Pregnancy to age 2	Pregnancy/birth to age 3	Enrollment to age 3
Staffing	Registered Nurses	Family Support Workers	Parent Educators
Caseloads	25 families (maximum)	15 to 25 families (maximum)	25 families (maximum)

NJ Quality Improvement Performance Targets

PROCESS

Reach Capacity / Prenatal Entry

Completed vs. Expected Visits

Participant Retention

IMPACT

Prenatal & Postpartum Appts / WIC

Interconceptional / Primary Care

CHIP / Well-Child Care / WIC

OUTCOMES

Improve Breastfeeding Rates

Reduce Subsequent Pregnancy / Rapid Repeat Pregnancy

Parent-Child Interaction / Reduce Abuse & Neglect

Quality of Home Environment for Learning / Promote Early Literacy

Path to Self-Sustainability thru Education and/or Employment

Integrating EBHV into a System of Care

NJ Statewide Home Visitation Workgroup

Child Abuse & Neglect Task Force

State Level Partners

- Children & Families Prevention, CPS, CBHS
- Human Services –TANF, Medicaid, Addiction/MH
- Health Maternal and Child Health (Title V)
- Juvenile Justice Prevention
- Education Early Childhood / Early Head Start
- Model Developers HF, PAT and NFP
- Others Funders, Early Childhood Advocates

2010—Maternal, Infant & Early Childhood (MIEC) Home Visiting

- Lead Administrative Agency Dept. of Health & Senior Services
- Implementing Agency Dept. of Children & Families / Prevention

NJ Comprehensive Prevention System

1. Outreach

Local grassroots and community agencies.
Pregnancy testing points

2. Screening

a) Prenatal / Birth Perinatal Risk Assessment

- Prenatal Clinics
- FQHCs
- WIC sites
- Schools PLP

b) Children 0-5

- Child Health Providers
- FQHCs
- WIC sites
- Childcare Centers
- Schools PLP

Perinatal Risk Assessment

- Teen pregnancy
- 1st time pregnancy
- Low income
- Domestic violence
- Substance use
- Mental health
- Culture / language

3. Central Intake

Refer family to appropriate partner agency for initial assessment and/or link to needed services.

4. Home Visitation

Healthy Families

Pregnancy to age 3

Nurse-Family Partnership

1st time pregnancy to age 2

Parents As Teachers

Pregnancy to age 5

Early Head Start

Pregnancy to age 3

Other HV Programs

as available

5. Community-Based Services

<u>Links to essential</u> <u>medical & social services</u>

- Medical Home
- Mental Health & Addiction Treatment
- Domestic Violence
- WIC
- Fatherhood Support
- Parent Education
- Early Intervention
- Health Insurance
- Public Assistance
- Housing
- Transportation
- Immigrant Services
- Infant/Childcare
- And more...

EBHV Systems-Building in New Jersey

Key Features:

- Locally planned and implemented Lead coordinating agency
- State level support and technical assistance
- Core local partners include prenatal/behavioral/health providers,
 EBHV, social services, early childhood (interagency agreements)
- Includes a central intake function to simplify/streamline the referral process for providers
- Reduces duplication of services
- Enables EBHV programs to focus on home visiting
- Supports NJ's goal of universal prenatal risk assessment (PRA)
- Tracking system for incoming and outgoing referrals

EBHV Systems-Building in New Jersey

Systems-Building Objectives

- Increase prenatal referrals to EBHV programs
- Local EBHV programs reach capacity
- Improve coordination between EBHV models
- Improve links to other community programs

Current NJ Systems Sites

- 4 Existing Sites Trenton and Camden (federal Healthy Start funds)
 Passaic and Tri-County (small DCF-funded sites)
- 2 New ACF Sites Essex County (includes city of Newark)
 Middlesex/Somerset Counties

Local Overview - Velva Dawson, Central NJ MCH Consortium

Middlesex/Somerset County Central Home Visitation System

Ensuring a Legacy of Health One Family at a time

Velva Dawson, MPA Deputy Director







PURPOSE

- Provides pregnant women and parents with early linkages to evidence-based home visitation (EBHV) services and other community-based programs
- Works to improve coordination among home visitation providers
- Develops uniform client data collection and analysis
- Provides linkages to other supportive services in the region





Benefits

- Provides single point of entry for referrals
- Utilizes a comprehensive, standardized form
- Referrals placed into appropriate program within 72 business hours
- Form easily administered by referral provider
- Provider can include notes regarding client's special needs
- Enhances communication and partnership opportunities
- Monitors duplication of services
- Universal Perinatal Risk Assessment





Home Visitation Program Partners

Evidence-Based Home Visitation programs that clients are currently referred to include:

- Somerset County Parents as Teachers Program
- Healthy Families/TIP-Middlesex/Somerset Counties
- Nurse Family Partnership
- Parent-Child Home Program
- Healthy Families-Perth Amboy





Community Partners: Referral Providers

Essential piece: Partnerships with providers and community-based organizations to enhance advocacy for patients and clients

- Prenatal and pediatric providers
- Schools/Educational facilities
- County Service Providers
- Community Programs
- Mental Health Providers
- Insurance HMOs
- Home Visitation Programs





Community-Based Referral Form

Used to refer Middlesex and Somerset County residents to:

- Somerset County PAT
- Healthy Families-TIP
- Nurse Family Partnership
- Parent-Child HomeProgram
- Healthy Families-Perth Amboy



Home Visitation Program Referral

Eav to (732) 037-5540

			Tax to (732) 337-3340		
			Date:		
Guidelines & Instructions The Middlesex/Somerset Central Home Visitation System places referred women and families into the appropriate home visitation program based on program eligibility factors. The form is to be completed by the referring agency and parent/guardian must sign the consent statement. Upon completion, please fax to the Central New Jersey Maternal and Child Health Consortium at (732) 937-5540 to the attention of Califlin Sulley. Accurate completion of all information will expedite referral to the appropriate program.					
<i>Please Print Neatly</i> Parent/Guardian's Information					
First Name:	Last Name:		Middle Initial: Date of Birth://		
Street Address:					
City:	State:	Zip: _	County:		
Home Phone:		Cell F	Phone:		
Best time to reach by phone:	Moming (8am-12pm) 🗆 /	Afternoon	(12pm-5pm) Evening (5pm-8pm)		
Primary language spoken:	English 🗆 S	panish	□ Other:		
Client Type: (choose one)			Race/Ethnicity: (choose one)		
□ Pregnant-estimated date of de	elivery: / /		□ White non-Hispanic		
☐ Postpartum (up to 2 months a	fter birth)		□ Black non-Hispanic		
☐ Infant-child's date of birth.	_//		☐ Hispanic/Latinos- <i>ethnicity</i> :		
☐ Female of childbearing age (p	re/interconception-not pregr	nant	□ Asian		
now)			□ Native American		
□ Father			Other-specify:		
Services Received or Eligible f	or: (select all that apply)		Is client first-time mother/parent? (choose one)		
□ TANF			□ Yes		
□ WIC			□ No		
□ MediCaid					
□ Food stamps					
□ Other-specify:					
Provider/Agency/Facility making referral:					
Person Making Referral:		Title			
Phone Number:		Fax	n		
Client Consent Statement (Autorización de Revelo del Cliente): I give my permission to share the information on this referral form with the providers listed on the back of this form. (Yo doy permiso/derecho a que se utilice la información del proveedor y referido que se menciona detrás de este formulario.)					
Parent/Guardian's Signature (Pad	res/Firma de Guardián)		Date (Fecha)		
Comments:					

Please fax to the Middlesex/Somerset Central Home Visitation system at (732) 937-5540 at the Central NJ Maternal & Child Health Consortium to the attention of Caitlin Sulley.

Front page

Community-Based Referral Form

Lists program information, supervisor contacts

Free and Voluntary Home Visitation Programs for Maternal and Child Health

Note to providers: Parent/guardian will be referred to one of the following home visitation programs and contacted by outreach staff. If parent/guardian is ineligible for a program, information will be provided regarding additional community resources.

Nurse-Family Partnership (NFP)

United Way of Central New Jersey, Visiting Nurse Association of Central Jersey

NFP is a national evidenced based nurse home visitation program that improves the health of low-income first time parents and their children residing in Middlesex County and Franklin Township. The program is voluntary and no cost to client. Enrollment to the program is early in the pregnancy (before the 28th week). NFP will work with the mother and family until the child's 2nd birthday. Bilingual staff

32 Ford Avenue Milltown, NJ 08850

Phone-(732) 247-3727 ext. 36 Contact Person: Colleen Nelson

Healthy Families (HF)-TANF Initiative for Parents (TIP) Middlesex and Somerset County Central New Jersey Maternal and Child Health Consortium

HF is a free and voluntary home visitation program for pregnant moms or moms with infants under 3 months of age. The HF-TIP Program targets parents receiving TANF or GA benefits through the Department of Social Services. Participants may enroll during pregnancy until the child's 3rd month. *Bilingual staff*

2 King Arthur Court, Suite B, North Brunswick, NJ 08902 Phone-(732) 937-5437 Contact Person: Myrna Torres

Healthy Families (HF), Perth Amboy

Visiting Nurse Association of Central Jersey

HF Perth Amboy is a free and voluntary intensive home visitation program by specially trained family support workers that provide education, support and parenting skills to parents and their children who reside in Perth Amboy. Referrals will be taken during the mother's pregnancy through the child's third month of life. HF Perth Amboy will work the mother and family until the child's 3rd birthday. Bilingual staff

313 State Street Suite 416 Perth Amboy, NJ 08861 Phone-(732) 362-8040 Contact Person: Elba Pesquera

Somerset County Parents as Teachers (PAT) Program

Somerset County Office of Youth Services, Central New Jersey Maternal and Child Health Consortium

Somerset County PAT Program is a free and voluntary home visitation program serving pregnant women and families with children 0-3 years of age. The program believes that parents are their children's first and most important teachers and provides services including education, support, and referrals to community resources. Participants must reside in Somerset County and may enroll until the child is 2 years od. Bilingual staff

27 Warren Street Somerville, NJ 08876 Phone-(732) 704-6313 Contact: Linda Porcaro

Parent-Child Home Program (PHCP)

United Way of Central New Jersey

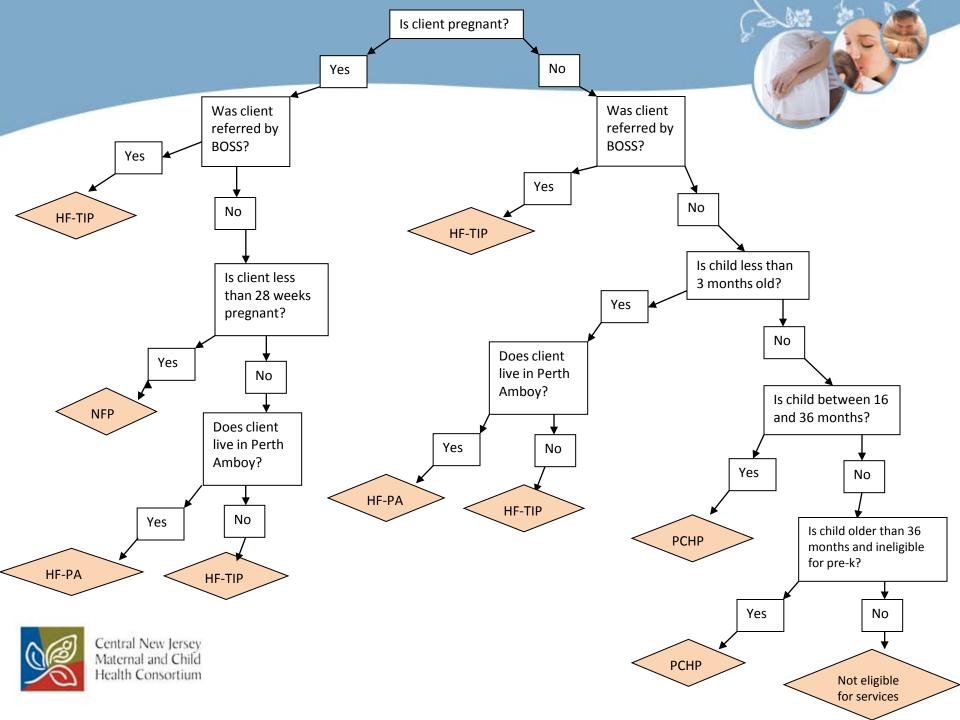
PHCP is a free and voluntary evidence-based home-based program serving families with children of 16-36 months who are at risk of educational disadvantage and reside in Middlesex County or Franklin Township. A trained Home Visitor visits a client's home for one-half hour two times per week. The Home Visitor brings a book or toy to the home and demonstrates its usage to promote early literacy skills, social emotional development, and stronger interaction between parent and child. Bilingual staff

32 Ford Avenue Milltown, NJ 08850 Phone-(732) 247-3727 Contact Person: Sara Spatz

For any questions on this form or the referral process, please contact Caitlin Sulley at (732) 937-5437.

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Implementation Stages

- Develop local advisory group
- Establish referral agreements
- Develop universal referral form and risk assessment
- Coordinate referrals to appropriate providers
- Ongoing network and resource development





Virginia

Virginia Home Visiting Consortium

Early Childhood Advisory Council Virginia Early Childhood Foundation Virginia's Plan for Smart Beginnings **Home Visiting Consortium** Head Early Baby Healthy CHIP of Start & Intervention **Families** Care Virginia EHS Part C Medicaid Special **Project** Healthy Resource Managed Education Start Link Mothers Care Part B



Collaboration Building Quality and Efficiency

Infrastructure

- Interagency MOA committing Resources
- HVC Website
- HVC Logic Model

Workforce Development

- Supervisory Support
- Core Training

Data Collection

- ACA Home Visiting Needs Assessment
- Pilot Collection Design

Screening and Referrals

- Behavior Risk Screen Implementation
- Ages and Stages Implementation

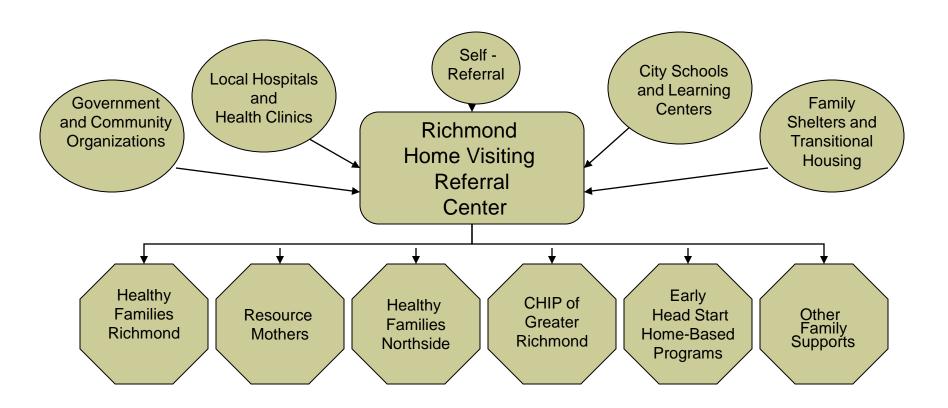


Partnership Projects

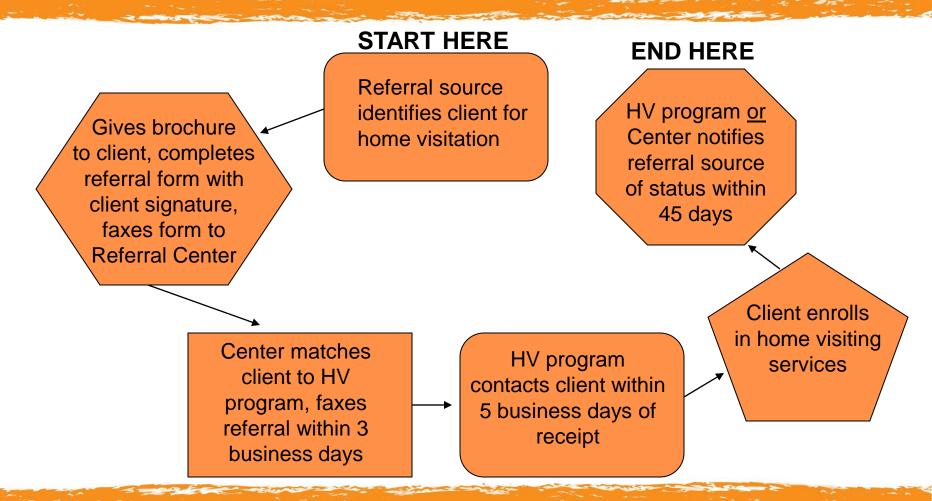
- Virginia System Improvement Project
 Connecting to a Medical Home
- Project ConnectLifelong Exposure to Violence
- "Healthy Homes" Environmental Health
- Oral Health Workforce Development
- Cross Cutting Professional Development
- Early Childhood Data System



Richmond Home Visiting Referral Center



The Referral Pathway



Home Visitor Training

- Trauma Response and the Impact of Childhood Trauma: An Overview of Mental Health Services for Young Children
- Establishing Paternity and What are my Parental Rights?
- From Homelessness to Home: Services and Supports for Families in Transition
- Medicaid, Temporary Assistance to Needy Families (TANF) and Social Security Disability Insurance (SSDI)
- Part B and IEP Advocacy: Navigating for the Special Needs of Young Children



Results of Collaboration

- Enhanced awareness of home visiting services
- Streamlined referral that connects families with "best fit" program
- Enhanced working relationships
- Consistent communications
- Training that specifically addresses needs of local visitors
- Identification/resolution of critical issues
- Prototype for regional model
- Joint pursuit of funding
- Increased number of families served





Contact Information

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Catherine Bodkin catherine.bodkin@vdh.virginia.gov www.homevisitingva.com

Barbara Newlin barbara.newlin@richmondgov.com

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